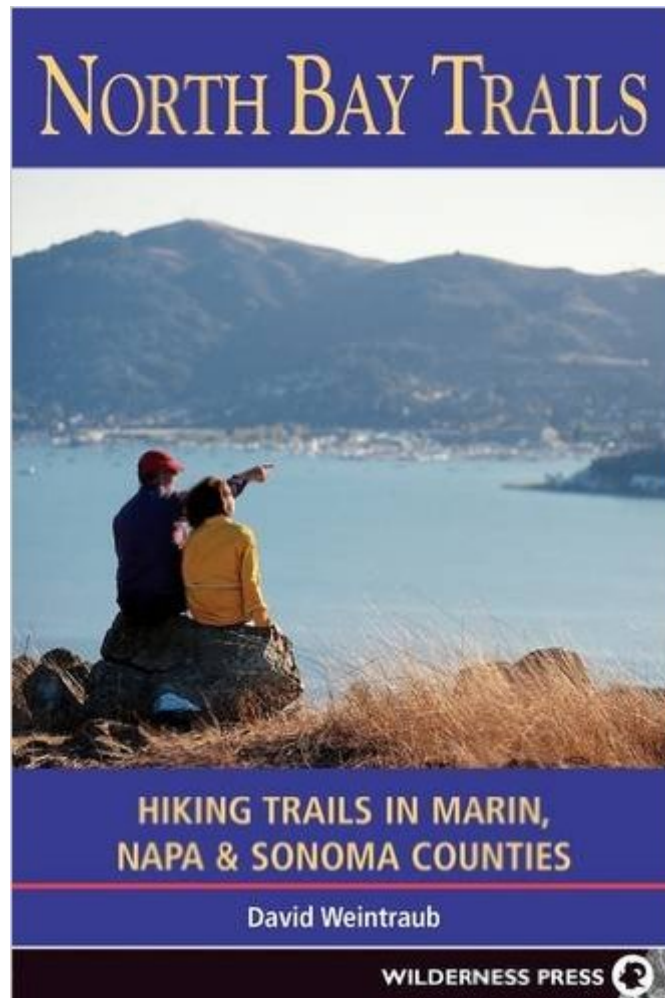


The book was found

# North Bay Trails



## Synopsis

This book is the first and only comprehensive hiking guide to the superb parklands of California's Marin, Napa, and Sonoma counties. North Bay Trails highlights trails not only for hikers, but for bicyclists, equestrians, trail runners, and dog walkers as well. From mountaintop to coastal lands, North Bay Trails covers favorites such as Mt. Tamalpais, the Marin Headlands, and Point Reyes, and also introduces hikers to the scenic wonders of the wine country, the Russian River redwoods, and the Sonoma Coast. Trails range from 1-mile nature walks to rigorous all-day outings, and include detailed hike descriptions, topographic maps, trip highlights, mileage and duration, and difficulty ratings.

## Book Information

Paperback: 304 pages

Publisher: Wilderness Press; 2 edition (November 6, 2004)

Language: English

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Product Dimensions: 6 x 0.7 x 9 inches

Shipping Weight: 1.2 pounds

Average Customer Review: 4.8 out of 5 stars [See all reviews](#) (4 customer reviews)

Best Sellers Rank: #527,058 in Books (See Top 100 in Books) #93 in [Books > Science & Math > Nature & Ecology > Mountains](#) #481 in [Books > Travel > Food, Lodging & Transportation > Parks & Campgrounds](#) #1300 in [Books > Travel > United States > West > Pacific](#)

## Customer Reviews

This is a very well written and well-researched book. Very easy to follow - as we know trails are often hard to follow with questionable signage - but this book has never failed me. I have been on a dozen or so of it's hikes and have never had a serious problem as it is a most reliable reference. Well Done Mr. Weintraub!

I just started getting really involved with hiking and the North Bay of the Bay Area has some great parks, but I needed an introduction to get me started and prepared before I hike each park. This book details each and every hike from trailhead and distance to what to look out for on each trail. If you live in the North Bay, I highly recommend this as a primer.

Perfect!! Arrived super fast!!! Thanks!!!

I absolutely love this trail guide! I recently moved to the North Bay area and wanted to get a feel for all the wonderful open and wild space I'm so lucky to inhabit. This has become my go-to book for hiking ideas in the area. The guide is super-easy to follow, and has lots of great natural and historical background on the various locations. As a result of this book, I now have several favorite hiking spots. They include Armstrong Redwoods State Park, Jack London State Historic Park, Shiloh Ranch Regional Park, and the Sonoma State Beach area. Most of the trails are good for beginner/intermediate hikers, with a few more difficult ones thrown in for variety. Some locations have only one hike listed, while others may have 2 or 3, sometimes more. The best thing is that the book gives you an accessible introduction to a certain park/area, and then you can explore more on your own once you are familiar with a place, which is what I've done. If you're new to hiking or just want a good guide for the North Bay area, you can't go wrong with this book.

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